

KNEE SURGERY IMMEDIATE POST-OPÉRATIVE CARES

lastname: _____ forename: _____ birthday: / /

Date of surgery: / / surgeon: _____ anesthesiologist: _____

SIDE: right / left

antialgic: nerve block medication:

drainage removal: D 1 D 2 D 3 other: quantity: _____ ml
 standing D 0 D 1 D 2 delayed on:
 C P M start D 0 D 1 D 2 splint

PHYSIOTHERAPY

DAY	0	1	2	3	4	5	6	7
ACTIVE MOB								
C P M								
STAIRS								
CYCLE								
PAIN EVALUATION								

antialgic: medication:

DAY	0	1	2	3	4	5	6	7	8	9	10

ECHODOPPLER result at 6th Day:

BLOOD : anticoagul type: prescription: mg /day for days
 transfusion prescription: ml date: / /
 medication: prescription: mg during days

complications : none

phlébitis pulmonary embolism paralysis SPE skin nécrosis
 superficial infection deep infection bactery: _____
 stiffness
 other:

TREATMENT of the COMPLICATION:

mobilisation under GA: NO YES date: / / angle before: ° angle after: °

other information:

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WAY-OUT of SURGICAL DEPARTMENT: / /

BIOLOGY: VS= / CRP= Fbng= . BLOOD COUNT=

Hb:

RADIOLOGY

- femorotibial axis: °
- patella : centered not centered high CATON index:
- Tibial slope: °

CLINICAL EXAM of the KNEE:

1. aspect : normal inflammatoiry swelling

2. mobility:

- ACTIVE: Extension : _____° Flexion : _____°
PASSIVE: Extension : _____° Flexion : _____°
 flessum recurvatum < 10° 10° à 20° >20°

3. ligament balance à 30°: ANT/POST: <5mm 5 à 9mm >10mm
LATÉRAL + ++ +++
MÉDIAL + ++ +++

4 . muscles amyotrophy: yes/no force: normal average deficit

5. pain: EVA: treatment on going:

comments:

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